Sealants Save Teeth!

What are sealants?

Sealants are thin, clear or white plastic coatings. They seal off the grooves and dips on the top of the teeth. This keeps bacteria and food from getting caught in them and causing cavities. The sealant is painted on the tooth and then hardened with a light that is shined on the tooth. The procedure is quick and painless.

Which teeth should be sealed?

The very back top and bottom teeth (molars) should be sealed. These are the teeth that get the most cavities.

How can I get sealants for my child at _no cost_?

Through the SEAL! MICHIGAN Dental Sealant Program, your child can get dental sealants and you and your family **WILL NOT** be billed for anything. Only your Medicaid, Healthy Kids Dental, MIChild or other dental insurance will be billed. This program is supported by grants and gift donations that allow kids to get sealants for free!

To have your child participate in the SEAL! MICHIGAN Dental Sealant Program, follow these simple steps:

STEP 1: Complete the attached form.

STEP 2: We come to your child's school to apply the sealants. The procedure is _quick and painless_.

STEP 3: After sealants, continue to brush your child's teeth twice a day with a pea-sized amount of fluoride toothpaste to help their teeth stay strong.

SEAL! MICHIGAN

Healthy teeth help children:

- **Do better in school by staying healthy**
- **Have fewer sick days**
- **Eat and chew easily**
- **Have shiny smiles for making friends**

To learn more about sealants:

Talk to your dentist or dental hygienist, or contact:

Oral Health Program, State of Michigan
Michigan Department of Health and Human Services
(517) 241-1505
oralhealth@michigan.gov

Healthy Kids Dental

Your child's smile is priceless, that's why Healthy Kids Dental provides protection at no cost to you. To learn about eligibility and to sign up, visit: **Michigan.gov/HealthyKidsDental**.